

**Subject intent:** At Marshside Primary we aim to deliver an enriched PE curriculum to ensure that all children develop competence to excel in a broad range of physical activities; engage in competitive sports and activities; and lead healthy, active lives.

REF: REAL PE Online planning/printed resources; Focus Education Skills

Subject: PE

Lead: Claire Hilbert

	Autumn	Spring	Summer
Y1	<p>Real PE: Personal and Social Through the use of Real PE, children's personal and social skills will develop through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Games: During the Autumn Term, children will master basic movements such as running, throwing, jumping and catching, as well as developing balance, agility and coordination.</p> <p>Gymnastics: In gymnastics, children will explore different ways of travelling, balancing and rolling.</p> <p>Dance theme: Where do and did the wheels on the bus go? Children will perform dances using simple movement patterns, linked to the themes studied.</p>	<p>Real PE: Cognitive and Creative Through the use of Real PE, children will develop their cognitive and creative skills through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Games: Throughout the Spring term, children will develop the basic movements they have learnt and begin to apply them to team games, developing simple tactics for attacking and defending.</p> <p>Gymnastics: In gymnastics children will explore different ways of travelling, balancing and rolling.</p> <p>Dance theme: Why can't a penguin live near the equator? Children will perform dances using simple movement patterns, linked to the themes studied.</p>	<p>Real PE: Physical and Health &amp; Fitness Through the use of Real PE, children will develop their physical awareness and ability, challenging themselves through the coloured challenges. They will learn the importance of PE on their health and fitness.</p> <p>Games: In the Summer term, children will extend their movement skills in specific sports (tennis, cricket, rounders), developing their teamwork in playing team sports. They will also begin to master athletic skills.</p>
Y2	<p>Real PE: Personal and Social Through the use of Real PE, children's personal and social skills will develop through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Games: During the Autumn Term, children will master basic movements such as running, throwing, jumping and catching, as well as developing balance, agility and coordination.</p> <p>Gymnastics: In gymnastics, children will plan and show a sequence of movements.</p> <p>Dance theme: Why would a dinosaur not make a good pet?; The Wild Children will perform dances using simple movement patterns, linked to the themes studied.</p>	<p>Real PE: Cognitive and Creative Through the use of Real PE, children will develop their cognitive and creative skills through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Games: Throughout the Spring term, children will develop the basic movements they have learnt and begin to apply them to team games, developing simple tactics for attacking and defending.</p> <p>Gymnastics: In gymnastics, children will plan and show a sequence of movements.</p> <p>Dance theme: Where would you prefer to live: England or Africa? Children will perform dances using simple movement patterns, linked to the themes studied.</p>	<p>Real PE: Physical and Health &amp; Fitness Through the use of Real PE, children will develop their physical awareness and ability, challenging themselves through the coloured challenges. They will learn the importance of PE on their health and fitness.</p> <p>Games: In the Summer term, children will extend their movement skills in specific sports (tennis, cricket, rounders), developing their teamwork in playing team sports. They will also begin to master athletic skills.</p>

**Subject intent:** At Marshside Primary we aim to deliver an enriched PE curriculum to ensure that all children develop competence to excel in a broad range of physical activities; engage in competitive sports and activities; and lead healthy, active lives.

REF: REAL PE Online planning/printed resources; Focus Education Skills

	Autumn	Spring	Summer
Y3	<p>Real PE: Personal and Social Through the use of Real PE, children's personal and social skills will develop through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Games: Children will begin to play competitive games, modified where appropriate, (cricket, football, hockey, netball, rounders and tennis) and apply basic principles suitable for attacking and defending.</p> <p>Gymnastics: In gymnastics, children will develop a range of movements and sequences in response to a given task.</p> <p>Dance theme: Stone Age period Children will perform dances using a range of movement patterns, linked to the theme studied.</p>	<p>Real PE: Cognitive and Creative Through the use of Real PE, children will develop their cognitive and creative skills through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Games: Children will begin to play competitive games, modified where appropriate, (cricket, football, hockey, netball, rounders and tennis) and apply basic principles suitable for attacking and defending.</p> <p>Gymnastics: In gymnastics, children will develop a range of movements and sequences in response to a given task.</p> <p>Dance theme: Volcanoes and Earthquakes Children will perform dances using a range of movement patterns, linked to the theme studied.</p>	<p>Real PE: Physical and Health &amp; Fitness Through the use of Real PE, children will develop their physical awareness and ability, challenging themselves through the coloured challenges. They will learn the importance of PE on their health and fitness.</p> <p>Athletics: Children will learn to run at various speed, varying directions; linking running and jumping activities with control, fluency and consistency. They will take part in a relay activity and throw a variety of objects, changing their action for accuracy and distance.</p> <p>OAA: Children will begin to follow maps in familiar contexts; move from one location to another using a map; and follow a route safely.</p>
Y4	<p>Real PE: Personal and Social Through the use of Real PE, children's personal and social skills will develop through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Games: Children will play competitive games, modified where appropriate, (cricket, football, hockey, netball, rounders and tennis) and apply basic principles suitable for attacking and defending.</p> <p>Gymnastics: In gymnastics, children will vary their speed, shape and direction when travelling and moving.</p> <p>Dance theme: Romans/ Little Mix Children will perform dances using a range of movement patterns, linked to the theme studied.</p>	<p>Real PE: Cognitive and Creative Through the use of Real PE, children will develop their cognitive and creative skills through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Athletics: Children will begin to run over longer distances, and sprint over shorter distances. They will throw and jump in a variety of ways, hit a target and develop stamina.</p> <p>OAA: Children will follow maps in demanding familiar contexts, moving from one location to another following a map; and will follow a route accurately, safely and within a time limit.</p> <p>Dance theme: Ancient Egypt Children will perform dances using a range of movement patterns, linked to the theme studied.</p>	<p>Real PE: Physical and Health &amp; Fitness Through the use of Real PE, children will develop their physical awareness and ability, challenging themselves through the coloured challenges. They will learn the importance of PE on their health and fitness.</p> <p>Swimming: Children will develop confidence through their swimming lessons, with an aim of swimming between 25-50m; keeping swimming for 30-45 seconds using floats and supports; use a variety of arm and leg actions when on their front and on their back; and swim on the surface and lower themselves into the water.</p>

**Subject intent:** At Marshside Primary we aim to deliver an enriched PE curriculum to ensure that all children develop competence to excel in a broad range of physical activities; engage in competitive sports and activities; and lead healthy, active lives.

REF: REAL PE Online planning/printed resources; Focus Education Skills

	Autumn	Summer	Spring
Y5	<p>Real PE: Personal and Social Through the use of Real PE, children's personal and social skills will develop through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Gymnastics: In gymnastics, children will develop more complex movements in creating sequences, individually and with a partner.</p> <p>Dance theme: Rainforests or Space Children will perform dances using a range of movement patterns, linked to the theme studied.</p>	<p>Real PE: Physical and Health &amp; Fitness Through the use of Real PE, children will develop their physical awareness and ability, challenging themselves through the coloured challenges. They will learn the importance of PE on their health and fitness.</p> <p>Games: Children will play competitive games, modified where appropriate, (cricket, football, hockey, netball, rounders and tennis) and apply basic principles suitable for attacking and defending.</p> <p>OAA: Children will develop the ability to follow a map in an unknown location; use clues and compass directions to navigate a route; and change their route and plan if there is a problem.</p> <p>Athletics: Children will develop control when running and jumping; throw with accuracy; combine running and jumping, and follow specific rules.</p>	<p>Real PE: Cognitive and Creative Through the use of Real PE, children will develop their cognitive and creative skills through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Gymnastics: In gymnastics, children will develop more complex movements in creating sequences, individually and with a partner.</p> <p>Dance theme: Slavery Children will perform dances using a range of movement patterns, linked to the theme studied.</p> <p>Swimming Swimming: Children will develop confidence through their swimming lessons, with an aim of swimming fluently for between 45-90 seconds and over a 50-100m distance; use all three strokes; control their breathing and swim confidently on the surface and under the water.</p>
Y6	<p>Real PE: Personal and Social Through the use of Real PE, children's personal and social skills will develop through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Gymnastics: In gymnastics, children will learn to combine their own work with that of others and work to specific timings.</p> <p>Dance theme: Vikings Children will perform dances using a range of movement patterns, linked to the theme studied.</p> <p>Swimming: Children will develop confidence through their swimming lessons, with an aim of swimming fluently for over 90 seconds and for further than 100m; using all three strokes with control; breathe so that the pattern of their stroke is uninterrupted and perform a wide range of survival skills.</p>	<p>Real PE: Physical and Health &amp; Fitness Through the use of Real PE, children will develop their physical awareness and ability, challenging themselves through the coloured challenges. They will learn the importance of PE on their health and fitness.</p> <p>Games: Children will play competitive games, modified where appropriate, (cricket, football, badminton, netball, rounders and tennis) and apply basic principles suitable for attacking and defending.</p> <p>OAA: Children will learn to plan a route and a series of clues for someone else, taking into account health and safety.</p> <p>Athletics: In Athletics, children will demonstrate stamina and use their skills in different situations.</p>	<p>Real PE: Cognitive and Creative Through the use of Real PE, children will develop their cognitive and creative skills through these two units. They will explore challenges, at their own level, leading to self-awareness and development.</p> <p>Games: Children will play competitive games, modified where appropriate, (cricket, football, hockey, netball, rounders and tennis) and apply basic principles suitable for attacking and defending.</p> <p>Dance theme: Tales of the Arabian Nights Children will perform dances using a range of movement patterns, linked to the theme studied.</p>