

Subject intent: At Marshside Primary School, personal, social and health education (PSHE) enables our children to become healthy, independent and responsible members of a society, following our Marshside HEART values.

REF: PSHE Association – Scheme of Work Planning Toolkit for greater depth, PSHE Skills Progression document.

Subject: PSHE

Lead: Claire Hilbert

	Autumn Core theme: Health and Wellbeing (Honesty, Empathy and tolerance)	Spring Core theme: Relationships (Achieve and aspire, Respect)	Summer Core theme: Living in the wider world (Thrive)
Y1	<p>Rights & Responsibilities/ Taking care of the environment - Children learn that they belong to various groups and communities such as family and school. -Children learn about group and class rules and the needs of people and other living things (including being able to take turns, share & understand the need to return borrowed items).</p> <p>Valuing Difference To recognise what is fair and unfair, kind and unkind.</p> <p>Feelings & Emotions To recognise when people are being unkind either to them or others, how to respond, (including who to tell and how to tell them).</p>	<p>Healthy Relationships To learn the difference between secrets and surprises.</p> <p>Keeping Safe To understand school rules about health and safety and where and how to get help.</p> <p>Healthy Life Styles -Children know what constitutes a healthy lifestyle, including the benefits of physical activity, rest, healthy eating and dental care. Sefton Healthy Eating Workshop</p>	<p>Money Matters -Recognise what money looks like and what it is used for.</p> <p>Growing & Changing -Children should know about the biological similarities and differences between boys and girls/ male & female.</p>
Y2	<p>Rights & Responsibilities -Children learn about the skills needed to contribute to the life of the classroom & school & understand how their contributions help the school community to run smoothly.</p> <p>Valuing Difference To share their opinions on things that matter to them and explain their views through discussions with one other person and the whole class</p> <p>Feelings & Emotions Children can communicate feelings to others and recognise how behaviour affects others.</p>	<p>Healthy Relationships To learn the importance of not keeping adults' secrets, only surprises.</p> <p>Keeping Safe Children know rules for and ways of keeping physically and emotionally safe (including safety in the environment and the difference between secrets and surprises and understanding not to keep adults' secrets). Sefton Healthy Eating Workshop</p>	<p>Growing & Changing -Children learn about the process of growing from young to old and how people's needs change.</p> <p>Money Matters -Children learn that money comes from different sources and can be used for different purposes, including the concepts of spending and saving.</p> <p>Taking care of the environment -Children learn what improves and harms their local, natural and built environments and about some of the ways people look after them.</p>

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	<p>Healthy Life Styles</p> <p>- Children know about how some diseases are spread and can be controlled (eg: disposing of tissues, washing hands properly) and the responsibilities they have for their own health and that of others.</p>		
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	Autumn Core theme: Health and Wellbeing (Honesty, Empathy and tolerance)	Spring Core theme: Relationships (Achieve and aspire, Respect)	Summer Core theme: Living in the wider world (Thrive)
Y3	<p>Rights & Responsibilities</p> <p>-Children learn to understand that there are different kinds of responsibilities, rights and duties at home, at school, in the community and towards the environment.</p> <p>Valuing Difference</p> <p>To learn that differences and similarities between people arise from a number of factors.</p> <p>Feelings & Emotions</p> <p>Children recognise there are different types of bullying, that these are wrong and unacceptable.</p> <p>Healthy Life Styles</p> <p>-Children learn about the benefits of eating a balanced diet and making informed choices. Sefton Healthy Habits 4 week course.</p>	<p>Healthy Relationships</p> <p>To judge what kind of physical contact is acceptable or unacceptable and how to respond.</p> <p>Growing & Changing</p> <p>- Children learn about different types of families and the kinds of changes & major events that happen in life eg: marriage, birth of siblings, death, divorce, and separation.</p> <p>Keeping Safe</p> <p>To recognise when and how to ask for help and use basic techniques for resisting pressure to do something dangerous, unhealthy, that makes them uncomfortable, anxious or that they believe to be wrong (focused on the school setting).</p>	<p>Money Matters*</p> <p>Learn about enterprise and the skills that make someone 'enterprising'.</p> <p>Taking care of the environment</p> <p>-Children learn about the differences in the lives of people living in other places and how their lives are affected by the environment they live in.</p>

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Y4	<p>Rights & Responsibilities -How to resolve differences (by looking at alternatives, seeing and respecting others' points of view), make decisions and explain choices.</p> <p>Valuing Difference To realise the nature and consequences of discrimination, teasing, bullying and aggressive behaviours.</p> <p>Feelings & Emotions Be able to recognise and respond appropriately to a wider range of feelings in others.</p> <p>Healthy Life Styles -Children learn about dental hygiene. Sefton Healthy Habits 4 week course.</p>	<p>Healthy Relationships To develop strategies to solve disputes and conflict through negotiation and appropriate compromise and to give rich and constructive feedback and support to benefit others as well as themselves.</p> <p>Keeping Safe Children learn about people who are responsible for helping them stay healthy and safe and ways that they can support these people, for example by always telling them if they are worried about anything (focused on the wider world setting).</p>	<p>Growing & Changing -Children learn about change and loss and the associated feelings.</p> <p>Money Matters* - Learn about enterprise and the skills that make someone 'enterprising'.</p> <p>Taking care of the environment -What being part of a community means and about the varied institutions that support communities locally & nationally.</p>
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	Autumn Core theme: Health and Wellbeing	Spring Core theme: Relationships	Summer Core theme: Living in the wider world
Y5	<p>Rights & Responsibilities - Children are able to research, discuss and debate topical issues, problems and events concerning health and wellbeing and offer their recommendations to appropriate people.</p> <p>Feelings & Emotions To recognise and manage 'dares'</p> <p>Healthy Life Styles - Children learn to identify how the media portrays healthy, fit, successful people and recognise that this isn't always realistic or healthy.</p>	<p>Healthy Relationships - Children learn that pressure to behave in an unacceptable, unhealthy or risky way can come from a variety of sources, including people they know and the media.</p> <p>Valuing Difference -Children are aware of different types of relationship, including those between friends and families, civil partnerships and marriage to recognise and challenge stereotypes .</p> <p>Keeping Safe Children learn strategies for keeping physically and emotionally safe including road safety, safety in the environment and safety online (including social media, the responsible use of ICT –passwords, addresses & images - and mobile phones)</p>	<p>Growing & Changing - Children learn how their body will change as they approach and move through puberty.</p> <p>Money Matters** -Learn about the role money plays in their own and others' lives, including how to manage their money (understanding the concepts of interest, loan, debt & tax) and about being a critical consumer</p> <p>Taking care of the environment -children recognise the role of different types of charities in looking after a variety of communities and environments.</p>

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<p>Y6</p>	<p>Rights & Responsibilities -Why & how rules and laws that protect themselves & others are made and reinforced -Why different rules are needed in different situations -How to take part in making and changing rules - About the consequences of anti-social and aggressive behaviours</p> <p>Feelings & Emotions - To understand the 'concept of keeping of keeping something confidential or secret', when we should or should not agree to this and when it is right to 'break a confidence' or 'share a secret'</p> <p>Healthy Life Styles -Children learn to identify the everyday choices they make and the positive and negative effects that these may have on their own health and wellbeing.</p>	<p>Healthy Relationships -Children can list the commonly available substances and drugs that are legal and illegal, and can describe some of the effects and risks of these.</p> <p>Growing & Changing -Children will learn about human reproduction. -Transition to high School</p> <p>Valuing Difference -Understand that the differences & similarities between people arise from a number of factors including: family, cultural, ethical, racial, age, sexual orientation, gender and disability.</p>	<p>Keeping Safe -Understand the concept of 'keeping something confidential or secret', when we should or should not agree to this and when it is right to 'break a confidence' or 'share a secret' in order to keep ourselves or others safe.</p> <p>Money Matters** -Learn about the role money plays in their own and others' lives, including how to manage their money (understanding the concepts of interest, loan, debt & tax) and about being a critical consumer</p> <p>Taking care of the environment - Taught to appreciate the range of national, regional, religious and ethnic identities in the United Kingdom.</p>
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